

2024-2025 COVID-19 VACCINE RECOMMENDATIONS

WHAT TO KNOW

Everyone 6 months and older should get a 2024-2025 COVID-19 vaccine dose. Protection from the vaccine decreases with time, especially as the virus mutates into different variants. Flu season is approaching; **it is safe to get the COVID-19 vaccine and flu shot at the same time.**

DIFFERENCE BETWEEN BRANDS

Moderna and Pfizer: available for people ages 6 months+

Novavax: available for people ages 12+

Visit the [CDC website](#) for more detailed guidance based on vaccine history.

GETTING THE UPDATED COVID-19 VACCINE IS ESPECIALLY IMPORTANT IF YOU:

- Never received a COVID-19 vaccine
- Are ages 65 years and older
- Are at high risk for severe COVID-19
- Are living in a long-term care facility
- Are pregnant, breastfeeding, trying to get pregnant, or might become pregnant in the future
- Want to lower your risk of getting Long COVID

HOW TO FIND VACCINE LOCATIONS

- Text your zipcode to **438829**
- Call 1(800) 232-0233
- [Vaccines.gov](#) (pharmacies only)
- Call your local health department or community health centers

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