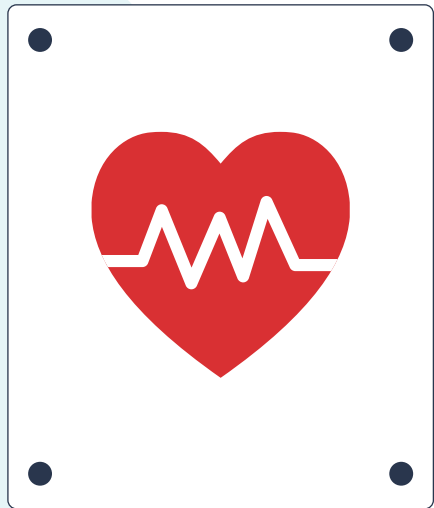


# Met Mwirimwirin Covid?

Mwirimwirin Covid a wewe  
ngeni semwenin mwirin covid.  
Sain ika esisinen semwen  
e mārītā mwurin semwenin  
COVID-19.



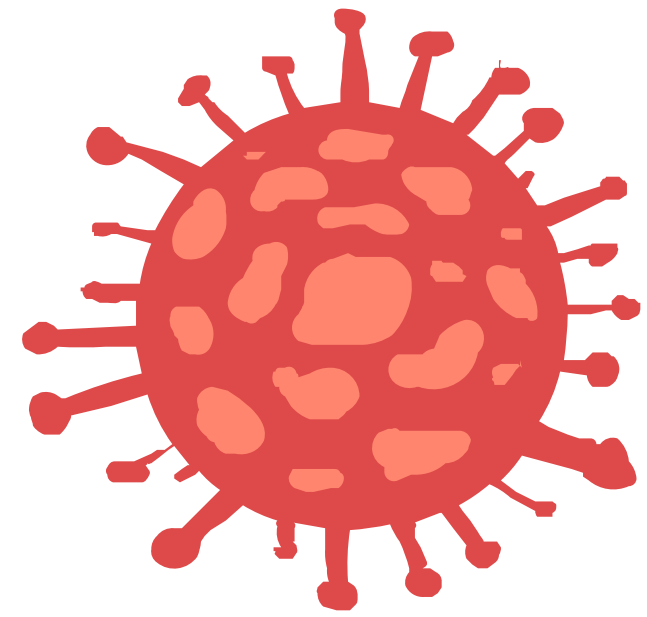


# A kan pwan tongeni wewe ngeni....



Mwirimwirin  
COVID.  
Pwūngūn  
Pworousan.





Mwirimwirin COVID a napengeni an  
fes ngeni kewe ra fen pin ūrir ewe  
semwenin COVID-19.

**Ēmēn afen pin ūri ewe semwenin  
COVID-19 epwe pwan tongeni ūri  
ewe mwirimwirin COVID.**

1

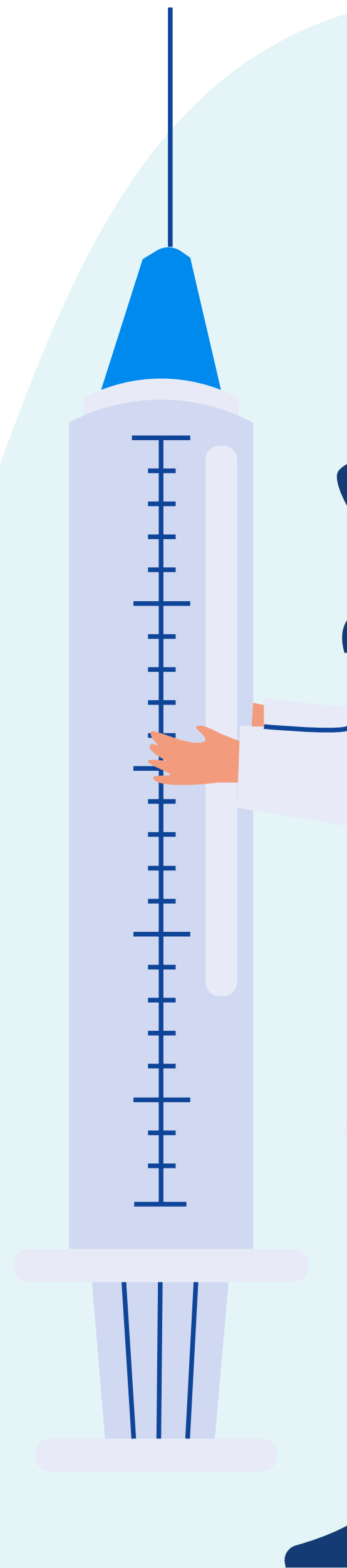
PWŪNGŪN PWOROUSAN

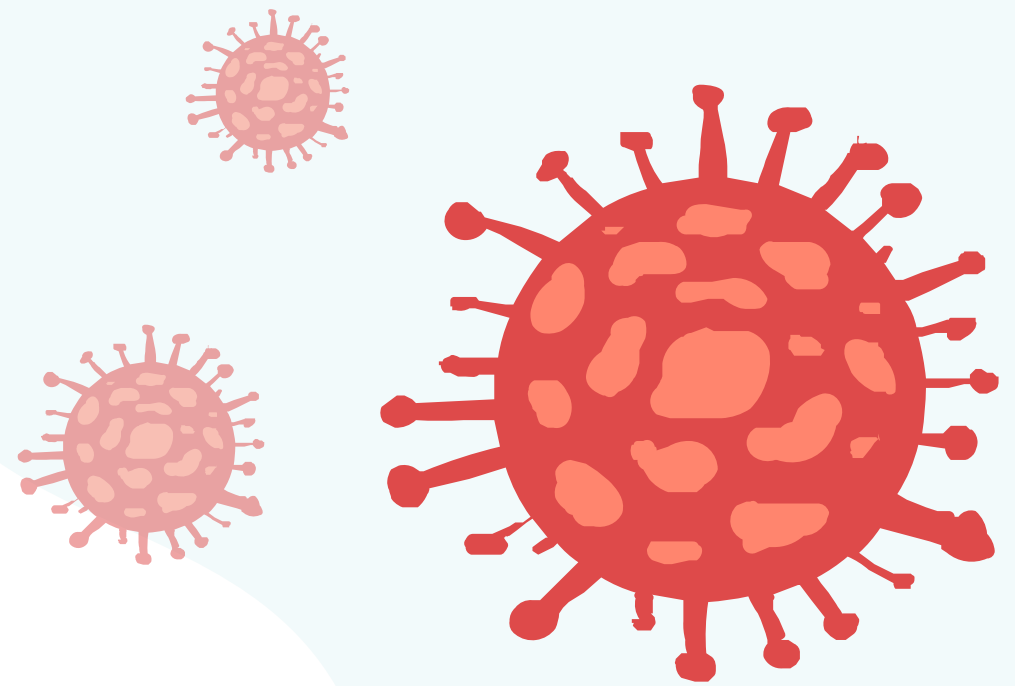
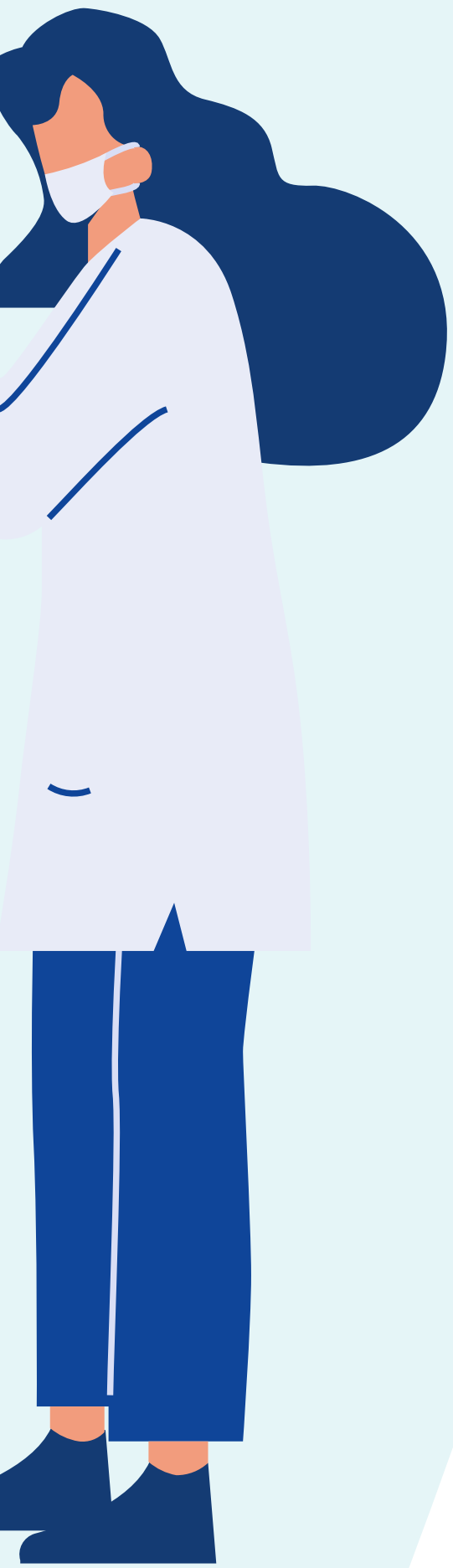
**Ēmēn ese angei ewe eppetin  
opposun COVID nge a tori ewe  
semwenin COVID a pwan tongeni  
mecheres mwutir tori ewe  
semwenin Mwirimwirin COVID**

nap seni ekkewe ir mei ange  
ar eppetin opposun COVID.

2

PWŪNGŪN PWOROUSAN





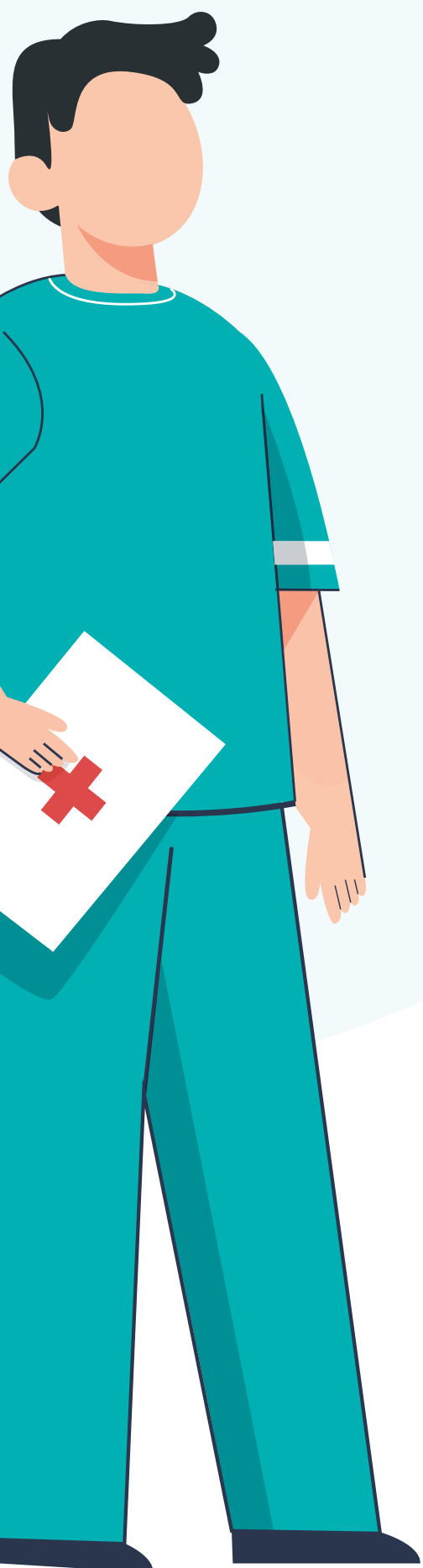
Coronavirus apwan tongeni tori  
ēmēn aramas seni fan chomong.

**Nupwen ēmēn a semwen ren  
SARS ika CoV-2 apwan tongeni  
mecheres mwirtir torrid ewe  
semwenin Mwirimwirin COVID.**

3

PWŪNGŪN PWOROUSAN





Chomong aramas mei semwenin Mwirimwirin COVID, mei wor esisinen pwun ir mei pwan semwenin COVID-19.

**Non ekkoch case, mei wor chon semwenin Mwirimwirin COVID nge ir mei test positive ren COVID-19 ika ese wor ar esisinen semwenin COVID-19.**

4

PWŪNGŪN PWOROUSAN

Mwirimwirin  
COVID  
Sain ika  
Esisin







ESISIN

# UNUSENAP



Mēnūnūn inis iteiten rān.



Esisinen weiresin inis me ekiek or (post-extertional malais.)



Pwichikar

ESISIN

# PEKIN NGASANGAS & FOUN NGASANGAS



Weiresin ngasangasom ika  
mwochomwochen omw ngasangas.



Fafa ika mör



Metekin fan mwarumw



Mwitirin pichipichin ngasangasomw  
(heart palpitation)

ESISIN

# MĒKŪROMW



Weiresin ekkiekum.  
Ese fat omw ekiek.



Kose tini ika neni  
mwēngē



Metekin mekuromw



Weiresin anut ika  
meur



Mwanien no  
mekuromw omw uta.



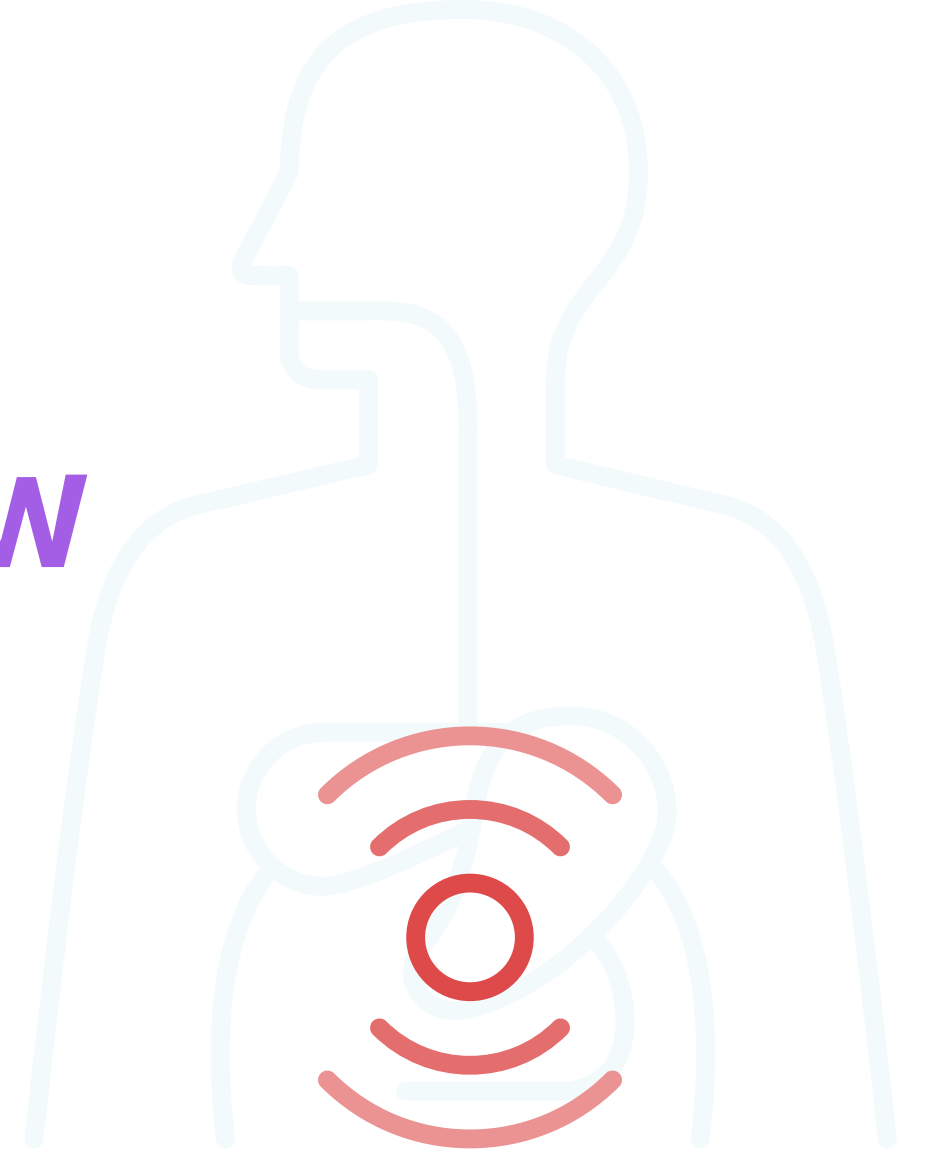
Memefin weirs  
me riafow non  
ekiekumw.



Niwewein ngiow.

ESISIN

# NUKOMW/UPWOMW



Feiseni



Metekin nukomw/upwomw

ESISIN

# PWAN EKKOCH



Metekin nefinen chuum ika futukomw



Kiningaw/Pwerik



Ekesiwinin fansoun an feffin semwenin maram.